



220 Westchester Ave, Suite 104, White Plains, NY 10604

Tel: (914) 949-6655 □ Fax: (855) 786-6605 □ Email: info@milesoflittlesmiles.com

www.milesoflittlesmiles.com

We are excited to welcome you and your family to our practice. We look forward to working with you to maintain your child's oral and dental health. Please fill out this form as completely as possible.

If you have any questions, we will be happy to help.

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

1. Tell Us About Your Child

Child's Name \_\_\_\_ Last First MI

Nickname \_\_\_\_ □ Male □ Female

Child's Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Child's Age \_\_\_\_

Child's Home # (\_\_\_\_) \_\_\_\_\_

Child's Home Address \_\_\_\_\_

Favorite TV Program, Activity, Instrument, Video Game \_\_\_\_\_

Does your child play sports? □ Yes □ No

If yes, what sports \_\_\_\_\_

How did you hear about office? (Please list name)

- Pediatrician/Other Dentist
□ Friend
□ School/Church/Synagogue
□ Google · Yelp
□ Insurance company
□ Local newspaper
□ Other

2. Mother's Information

Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Employer \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

SSN \_\_\_\_\_

E-mail Address \_\_\_\_\_

3. Father's Information

Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Employer \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

SSN \_\_\_\_\_

E-mail Address \_\_\_\_\_

4. Who is accompanying the child today?

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Authorized Nanny/ Sitter/ Au Pair: \_\_\_\_\_

5. Person Responsible for Account (Must be here to sign all forms)

Name \_\_\_\_\_

5a. Insurance/Financial Information (Must provide info)

Dental Insurance Company \_\_\_\_\_

Telephone # of Dental Insurance \_\_\_\_\_

Policyholder ID # \_\_\_\_\_

Group # \_\_\_\_\_ Annual Deductible Amount \_\_\_\_\_

Annual Maximum \_\_\_\_\_

\* Most insurance offers 100% coverage for preventative care; and 50-80% for restorative or other advanced procedures. Fluoride may only be covered once per year. Contact your insurance company directly for your policy's specific coverage.

\* First time patients, please bring your dental insurance card to the office, or email copies of both sides in advance of first-time appointment.

Additional Health Flex Spend Plan? (Via employment)

□ Yes □ No

## 6. Dental History

Reason for today's visit: \_\_\_\_\_

Is this your child's first visit to the dentist?  Yes  No

If not, who was your child's previous dental care provider?

Doctor \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

When was your child's last exam? \_\_\_\_/\_\_\_\_/\_\_\_\_

When were x-rays last taken? \_\_\_\_/\_\_\_\_/\_\_\_\_

*If x-rays were taken, please ask previous office to email all records to [info@milesolittlesmiles.com](mailto:info@milesolittlesmiles.com).*

Require a pre-medication beforehand?  Yes  No

Has your child had any orthodontic treatment, and if so, who performed the treatment?  Yes  No

Has your child had a history of the following, and if so, when did they stop: \_\_\_\_\_

- Bedtime bottle  Fluoride Vitamins • Pacifier
- Breast feeding  Iron Supplements • Teeth grinding
- Bottled water  Mouth breathing  Snoring
- Thumb sucking  Filtered water  Finger sucking
- Fingernail biting  Sleep Apnea
- Non-fluoridated water
- Other habit: \_\_\_\_\_

What kind of multivitamins does your family use, if any?

- Chewable  Gummy  Liquid Drops  None

Do you use well water or live in non-fluoridated area?

- Yes  No

Does your child use:

- Floss /Flossers  Fluoride Rinse (i.e., ACT) • None\*

How frequently does your child floss?

- Daily  Frequently  Infrequently\*  Never\*

\*Do not worry! We will teach your child the importance of flossing!

Please list any additional questions, concerns, or comments you may have:

\_\_\_\_\_  
\_\_\_\_\_

## 7. Health History

Child's Physician \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Date of last physical exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Ever been hospitalized overnight?  Yes  No

Vaccinations up to date? \*  Yes  No

*\* The office is unable to accommodate patients who are not vaccinated. Our numerous patients who are newborns or with cancer history experience severe immunocompromised status. Please speak with doctors with any questions, they will be happy to discuss policies with you!*

## 7. Health History (cont.)

Ever had surgery?  Yes  No

What kind of surgery: \_\_\_\_\_

Does your child have any allergies?  Yes  No

If yes, please list:

\_\_\_\_\_

Preferred pharmacy: \_\_\_\_\_

Phone Number \_\_\_\_\_

Any adverse reactions to medications?

- Yes  No

If yes, please list which medication:

### Has the child ever had any of the following conditions?

- Artificial Bones/Joints  Artificial Heart Valve
- Asthma  Abnormal Bleeding
- Anemia  Arrhythmia
- ADHD/Autism  Blood Transfusion
- Cancer/Tumors  Birth Defects
- Cleft lip/Palate  Crohn's Disease
- Congenital Heart Defect  Cerebral Palsy
- Developmental Delay  Diabetes
- Ear/Hearing  Endocrine Function
- Epilepsy  Eyes/Vision
- Fainting/Seizures  Glaucoma
- Glucose 6 Phos. Dehy. Def.  Gluten/Celiac Dis.
- Heart Murmur  Hemophilia
- High/Low Blood Pressure  HIV/AIDS
- Kidney  Liver/Hepatitis
- Jaw Problems TMJ/TMD  Jaundice
- Leukemia  Lungs
- Liver/Hepatitis  Lymphoma
- Malignant Hyperthermia (family history)
- Methemoglobinemia  Metabolic Disorder
- Milk Sensitivity: Casein  Milk Sens: Lactose
- Psychiatric Issues  Rheumatic Fever
- Scarlet Fever  Speech
- Sickle Cell  Tuberculosis

- Thyroid (Hyperthyroid)                       Thyroid (Hypothyroid)
- Tonsillitis     Ulcerative Colitis
- Other \_\_\_\_\_
- Surgeries / Operations (list)

\_\_\_\_\_

\_\_\_\_\_

Please list **all** medications **and** dosages:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any unlisted significant **medical issues/allergies:**

8. I understand that the information I have given is correct to the best of my knowledge and that it will be held in the strictest of confidence.
9. It is also my responsibility to inform this office of any changes in my child's medical status.
10. I am the parent, guardian, or personal representative of the child listed above. There are no court orders in effect that prohibit me from signing this consent. I do hereby request and authorize the dental staff to perform necessary dental services for the child named above, including but not limited to x-rays and administration of anesthetics, which are deemed advisable by the doctor, whether I am present when the treatment is rendered.
11. I understand that the dentists at Miles of Little Smiles Pediatric Dentistry will make courtesy initial evaluations of emergencies via cellular phone photos, should I (the parent/guardian) make this request. I agree that communication may be made via secured email exchanges between myself (parent/guardian) and the doctor, the office will maintain strictest measures to protect family privacy.
12. If I am unable to bring my child in for an appointment, the following individuals have my permission to accompany my child and make any necessary decisions for my child's care. This includes consenting to any necessary treatment plan changes.

**IMPORTANT: The legal guardian must accompany their child/children for the first appointment.**

**Individuals authorized to bring my child to subsequent visits:**

NAME:	CONTACT NUMBER:
_____	_____
_____	_____
_____	_____

Parent/Guardian's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Print Name: \_\_\_\_\_



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### CONSENT FOR TREATMENT

#### TREATMENT

I am aware that dental treatment will be rendered by the doctors of Miles of Little Smiles Pediatric Dentistry - licensed practitioners in the specialty of pediatric dentistry, as well as trained dental auxiliaries. I consent to treatment as indicated by sound and prudent dental practices that are diagnosed or discovered during my child's dental care. The nature and purpose of the treatment to be rendered will be explained to me and no guarantee will be made that the results will be to my complete satisfaction although it is believed that such results will be satisfactory.

I agree to the use of topical and local anesthetic agents as indicated for my child's dental treatment, if warranted. I further consent to the taking of radiographs (x-rays), photographs, and impressions when they are indicated for the purpose of diagnosing and planning treatment. I understand the office employs the use of digital radiography, and adopts the philosophy "As Low As Reasonably Achievable (ALARA)" in its approach to dental x-rays in children. I expressly agree that the office may use such materials for educational and scientific purposes including seminar instruction, publication of literature, and demonstration of methods and techniques of pediatric dentistry. I understand that suitable measures will be taken to maintain my child's anonymity. I understand that all original dental records are the property of Miles of Little Smiles Pediatric Dentistry and cannot be taken or sent from this office. Copies of dental records will be provided upon written or verbal request of a dentist, physician, parent, or legal guardian.

#### BEHAVIOR MANAGEMENT TECHNIQUES

I authorize the doctors of Miles of Little Smiles Pediatric Dentistry to use its judgment to decide when behavior management techniques would be appropriate to obtain cooperation from my child. I understand that cooperation is necessary when performing dental procedures to allow for the safest possible setting and the best possible treatment outcome. I give my written and implied consent to use the following procedures when necessary:

##### Tell-Show-Do

Tell-show-do is a technique used with children to explain what is expected at each visit. It is the most used approach used at our office. The doctor will **tell** the child what will be done, **show** children how it will be done, and then **do** what has been explained to children. Praise is used to reinforce the child's cooperative behavior.

##### Voice control

Voice control is a method used for a child who is capable of understanding, but is not listening to requests. The attention of a child is gained by changing the tone or increasing the volume of the dentist's voice **without** getting angry with the child. Praise is used to support the child's attention to the dentist.

##### Restraint

*Active:* Active restraint by parent or dental personnel protects the child from injury during a dental procedure. The parent, dentist, or assistant helps hold a child's head, arms, or legs to prevent harmful movements during treatment.

*Passive:* Passive restraint with a pedi-wrap is sometimes used to prevent injury to an uncooperative child and to enable the dentist to provide the necessary treatment. The pedi-wrap is mainly used for young children that require emergency treatment, especially seen in hospital emergency rooms to provide care such as suturing lacerations.

##### Nitrous oxide – (NOT COVERED BY INSURANCE PLANS)

Nitrous oxide (laughing gas) is administered to the anxious child through a small breathing mask, which is placed over the child's nose. This allows the child to relax during the procedure, but does not "put the child to sleep." After the mask is removed, the effects of the gas wear off in approximately 5 minutes through breathing with 100% oxygen (what is seen in football games.)

##### Sedation/operating room

If we are unable to gain your child's cooperation with the following procedures, the doctors of Miles of Little Smiles Pediatric Dentistry may recommend treatment under sedation or general anesthesia. This is a separate appointment and will be discussed further when it is recommended for your child.

**I hereby state that I have read and understand all the above information and give my written and implied consent for my child to be treated by Miles of Little Smiles Pediatric Dentistry, PLLC.**

Signature Guardian: \_\_\_\_\_

Date: \_\_\_\_\_



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## POLICIES

### 1) Appointment Policy

Your appointment is reserved specifically for your child. Changes may affect other patients. If a change or cancellation is unavoidable and conflicts arise, please call us at the office at least **24 business hours** in advance so that we may offer that time to another patient who needs care. Our office staff will always contact your family via phone and email to remind you of your child's appointment. We kindly ask that you call us back to confirm your appointment no later than the day before appointment. Any unconfirmed appointments may be considered cancelled and that spot may be given away to another patient.

**We value your time and we will make every effort to stay on schedule. To do so, it is ideal to arrive 10 minutes prior to your child's reserved appointment.** We reserve the right to reschedule late patients or dismiss habitually late patients from the practice as it affects other families' schedules as well. Patients who are more than 15 minutes late may be asked to reschedule.

### 2) Payment Policy

We request payment in full for treatment rendered (at each visit) unless prior financial arrangements have been made. We will discuss with you the fees prior to treatment if requested, and make financial arrangements if necessary. Payments will be collected at the beginning of the appointment. The office accepts Cash, Visa, MasterCard, or American Express. (Card must have users name on it). Any unpaid insurance balance after claim is processed will be billed to the last card used for copay of services upon receipt of insurance EOB. **Initial** \_\_\_\_\_

**Alternatively, we will have the insurance company reimburse you directly and you will pay us the contracted fees at the time of service.**

### 3) Insurance Policy

Miles of Little Smiles Pediatric Dentistry is a preferred provider for several insurance companies. **It is the policyholder's responsibility to:** ensure coverage is intact; understand if their insurance company requires an annual deductible be met; understand their maximum, annual deductible, frequency limitations and understand that not all procedures will be paid 100% by the insurance company. Upon request we will provide you with an estimate prior to your child's visit. Not all insurance companies will provide history details for services in another office. Any unpaid portion after the claim is processed will become patient responsibility

**Fluoride** is usually covered 1 time per calendar year. As a standard of practice, we will administer fluoride at each recall visit unless you state otherwise. Each subsequent fluoride application will be out of pocket for the patient according to your plan.

If the office does not participate with your family's respective dental insurance plan, the office will still be happy to see your child and work with your family's dental insurance plan! Please speak to our office for details. **Initial** \_\_\_\_\_

### 4) Communication/Emergency After Hours Policy

The office communicates via phone and email. In emergency situations, the doctors of Miles of Little Smiles Pediatric Dentistry may sometimes request parents send images via cell phone MMS. Images may be sent to our secured, HIPPA compliant email [info@milesoflittlesmiles.com](mailto:info@milesoflittlesmiles.com). Children often sustain injuries after office hours. Our answering system will page the doctor on call. Some emergencies will require immediate visit to a hospital emergency room.

**I hereby state that I have read and understand and agree to the above policies of Miles of Little Smiles Pediatric Dentistry, PLLC.**

Signature Guardian: \_\_\_\_\_

Date: \_\_\_\_\_



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**NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT**

I understand that, under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan, and direct my or my child's treatment and follow-up among the multiple health care providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal health care operations such as quality assessments and physician certifications.

I have received, read, and understood your *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the *Notice of Privacy Practices*.

I understand that I may request in writing that you restrict how my private information is used, or disclosed, to carry out treatment, payment, or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Patient name: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**OFFICE USE ONLY**

I attempted to obtain the patient's signature in acknowledgment on this *Notice of Privacy Practices*, but was unable to do so as documented below.

Date:	Initials:	Reason:
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### NOTICE OF PRIVACY PRACTICES - PATIENT COPY

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. **PLEASE REVIEW IT CAREFULLY.**

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) is a federal program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly confidential. This Act gives you, the patient, significant new rights to understand and control how your health information is used. HIPAA provides penalties for covered entities that misuse personal health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment, and health care operations.

- Treatment means providing, coordinating, or managing health care and related services by one or more health care providers at Miles of Little Smiles Pediatric Dentistry. An example of this would include teeth cleaning services.
- Payment includes, but is not limited to, activities such as: obtaining reimbursement for services, confirming coverage, billing or collection activities and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.
- Health care operations are the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would be an internal quality assessment review.

We may also create and distribute de-identified health information by removing all reference to an individual or any individuals.

We may contact you to provide appointment reminders or information about treatment alternatives or other health related benefits and services that may be of interest to you.

All other uses and disclosures will be made only with your written authorization. You may revoke the authorization in writing and we are required to honor and abide by that written request, except in relation to disclosures made prior to that date.

You have the following rights with respect to your protected health information, which you can exercise by presenting a written request to the Privacy Officer:

- The right to request restrictions on certain uses, and disclosures, of protected health information, including information disclosed to family members, other relatives, close personal friends, or any other person you identify. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.
- The right to reasonable requests to receive confidential communication of protected health information from us by alternative means or at alternative locations.
- The right to inspect and copy your protected health information.
- The right to amend your protected health information.
- The right to receive an accounting of disclosures of protected health information.
- The right to obtain a paper copy of this notice from us upon request.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

You have recourse if you feel that your privacy protections have been violated. You have the right to file written complaint with our office, or with the Department of Health and Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

For more information about HIPAA or to file a complaint:  
The US Department of Health and Human Services, Office of Civil Rights  
200 Independence Avenue SW, Washington DC, 20201  
Tel: 202-619-025 Toll free: 877-696-6775



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### **Missed Appointment Policy**

Our office policy is to dismiss patients from our practice who fail to attend two appointments without calling in advance to cancel. Missing appointments is unfair to other patients who need dental work and waiting for an appointment. This policy ensures we serve all our patients to the best of our ability and in a timely manner.

Because we care about all our patients in our practice, we offer an alternative to dismissal after two missed appointments. We can continue to see your child/children at Miles of Little Smiles Pediatric Dentistry on “same day” appointment basis only.

#### **After two missed appointments your options are as follows:**

**Option 1:** Transfer your records to the dentist of your choice.

**Option 2:** Schedule appointments on a “same day” only basis.

If you elect to stay with the practice as a “same day” patient you will need to call the office to let us know you would like to remain an active patient. If you do not call your account will be switched to inactive. Once you call and are added to the “same day” list, we will then contact for an appointment.

To prevent dismissal or “same day” only scheduling please **attend all your scheduled appointments**. If unforeseen circumstances arise and you are not able to attend you must **call at least 24 hours in advance** to avoid the appointment counting as a “missed appointment”.

**Thank you** for your understanding and help in making sure we make appointments timely and convenient for all our patients!

Signature\_\_\_\_\_

Date\_\_\_\_\_